

## Learning through Play

All children develop at different rates. At times, some children need extra help. Our specialized pediatric staff is available to assess and meet the needs of children from birth to adolescence who have medical conditions or syndromes that may interfere with normal development. Our programs use therapeutic activities to enhance skills for children.

Classes are carefully planned for each child to learn to take direction and to interact with peers in a group setting. Each class lists the functioning age level appropriate for that class. If you are unsure of your child's abilities, or if you have special concerns regarding your child please contact the Kenny Kids™ Pediatric Rehabilitation office at 763-236-7337 before registering.

We reserve the right to change your child to another group to best meet the needs of your child.

### Location

All classes are located at Kenny Kids Pediatric Rehabilitation, Suite 123, clinic location.

### Attendance

- A parent or guardian must be present the first day of each class for orientation.
- Only the enrolled child is allowed in the classroom. Each class will have a time designated for parent observation and/or instruction in home program activities.
- To receive the most benefit children should attend each class. Each class builds on skills learned in previous classes.
- There are no make-up classes. However, any missed class information or materials will be provided.

### Instructors

Classes are taught by Kenny Kids pediatric therapists. They are licensed occupational, physical and speech/language therapists experienced in pediatric rehabilitation. Most classes have two therapists.

### Occupational Therapy

Our occupational therapists assist children in the development of fine motor, cognitive and social skills through activities of daily living, including:

- fine motor strengthening and coordination skills
- use of sensory strategies, including touch, movement, auditory, visual, tastes, proprioception and smell
- skill attainment or compensatory strategies for daily living skills, including feeding, dressing and hygiene
- positioning and equipment needs
- visual motor skills, such as coordinated eye movements and eye-hand coordination

### Physical Therapy

Our physical therapists assist children in their gross motor development through:

- muscle strengthening and re-education
- fitness
- wellness
- endurance training
- general conditioning and in their skill development through age-appropriate activities including scooters, pre-bike riding, obstacle courses, ball play, balance and bilateral coordination.

### Speech/Language Pathologists

Our therapists assist children with articulation, speech/language delays, social skills, auditory processing disorders and fluency.



Kenny Kids™  
Pediatric Rehabilitation  
3111 - 124th Avenue NW  
Coon Rapids, MN 55433

Kenny Kids Pediatric Rehabilitation



learning  
through  
play



## Kenny Kids Write

### Let's Get Writing

Age level: 6-12

6 Tuesdays

(A) July 15 - August 19

8:30 - 9:45 am

\$120

(B) July 15 - August 19

10:15 - 11:45 am

Cost: \$120



### Registration Deadline is June 24

This class is for children experiencing handwriting difficulties. It emphasizes sensorimotor activities to prepare children for writing and builds self-esteem while improving interest and the skills needed for handwriting. The program includes letter formation, pencil grasp techniques, use of variety of adaptive writing utensils and seating devices, sensorimotor activities, pre and post-handwriting samples, oral motor activities, and peer interaction. Classes lead by an Occupational Therapist.

\*Cursive worksheets and homework can be provided upon request.

## Fine Motor Crafty Caterpillars

Age Level: 4-7

6 Mondays

(1) June 16 - July 21

1:15 - 2:45 pm

### Registration Deadline is May 30

(2) July 21 - August 25

**Note:** July 21 starting time:

10:15-11:45 am

July 28 - August 25

**Note starting time:** 1:15 - 2:45 pm

Cost: \$125

### Registration Deadline is June 30

This group focuses on the development of fine motor skills necessary for school. Children should be able to follow simple directions, attend a small group setting without 1:1 assistance, and have had exposure to fine motor manipulative items. Classes will emphasize the following social skills: Meeting and greeting friends, sharing, taking turns, participating in group activities and circle time. Classes will emphasize the following fine motor skills: strength, bilateral coordination, body awareness, visual motor skills, perceptual skills, and coordination. This class uniquely addresses both social and fine motor skills first with circle time and then through gross motor activities, preparing our bodies to get ready for sharing, taking turns, and fine motor activities such as precutting and prewriting activities.

## Kenny Kids Socialize

### Friendship Club

Age Level: 8-11

6 Wednesdays

July 9 - August 13

1:15- 3:15 pm

Cost: \$200



### Registration Deadline is June 18

This interactive group is a fun way for children ages 8-11 years of age to work on social skills in a safe, fun environment. This group is intended for children who can follow simple directions, participate in a medium sized group without 1:1 assistance, use a functional communication system and

have a desire to interact with a peer group. Classes will be held weekly with focus on friendship building, emotions, listening, conflict resolution, following rules, manners, and cooperative play. Classes are led by a Speech Language Pathologist and Occupational Therapist.

## Kenny Kids Communicate

### Language Builders

Age Level: 5-7

6 Fridays

July 11 - August 15

10:15 - 11:45 am

Cost: \$120

### Registration Deadline is June 20

This group will focus on language skill development and early social skills. Children participating in this group should be able to follow simple directions, participate in a medium sized group without 1:1 assistance and use a minimum of simple 4-5 word sentences.

- Answering "why" questions
- Use of adjectives to describe pictures and objects
- Story sequencing
- Turn taking
- Greetings
- Cooperative Play

## Kenny Kids Move

### Let's Get Moving!

Age Level: 5-12

6 Tuesdays

July 15 - August 19

1:15 - 2:30 pm

Cost: \$120



### Registration Deadline is June 24

This class promotes fitness and the desire to move. The group is for children who can follow simple directions and attend to a small group setting without 1:1 assistance. Classes will focus on improving body awareness, balance, coordination, strength and bilateral coordination skills. Movement exploration games will include gymnastic ball activities, relays, obstacle courses, yoga, Pilates for kids, and a variety of gross motor activities. Children should wear tennis shoes and comfortable clothing.

## Exploring Movement

Age Level: 2-4 or 5

This upcoming class is planned for this fall designed for toddlers who could benefit from peer interaction to progress their gross motor skills. Classes will be a small group format lead by a physical therapist using movement oriented music, songs, obstacle courses, and games to get kids moving. Focus will be on exploring movement with our bodies using balls, wheels, tunnels, and toys. Check our web site for class offerings this fall.

## Registration

### To register

- Complete and mail registration form with payment to:  
**Kenny Kids Pediatric Rehabilitation**  
3111 - 124<sup>th</sup> Avenue NW  
Coon Rapids, MN 55433
- Make check payable to **Mercy Hospital**, submit one check for each individual class
- Class size is limited to 6-8 children per group. Registrations are processed in the order they are received. Full payment must be received with completed Registration Form for child to be enrolled.
- Call 763-236-7337 with questions regarding registration. **(Note: Registration Deadline)**
- **Registration cost includes T-shirt** (be sure to indicate size).

### Cancellation/Refunds

We reserve the right to cancel any class not meeting minimum enrollment requirements. If we cancel your class, we will notify you and refund your registration fee in full.

If you need to cancel your registration for any reason, we will refund the full registration fee if your cancellation is received in writing three weeks before the first date of class. No refunds will be issued if your cancellation is received after this time.



## Registration Form

Class Title	Dates	Fee
_____	_____	_____
_____	_____	_____
_____	_____	_____

Total enclosed: \_\_\_\_\_

Check enclosed made payable to **Mercy Hospital**; submit one check for each individual class

Child's Name \_\_\_\_\_  
DOB \_\_\_\_\_ Age \_\_\_\_\_ Grade \_\_\_\_\_  
Parent's Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/Zip \_\_\_\_\_  
Telephone [H] \_\_\_\_\_  
                  [W] \_\_\_\_\_  
                  [C] \_\_\_\_\_

Emergency Contact  
Name \_\_\_\_\_  
Phone \_\_\_\_\_

T-Shirt Order:  S (6-8)  
                       M (8-10)  
                       L (12-14)

How did you hear about the class? \_\_\_\_\_  
\_\_\_\_\_

Are there any classes you would like to see offered in the future? \_\_\_\_\_  
\_\_\_\_\_

I would like to receive mailings on future class schedules.  
 I would like to receive e-mail notification of future classes  
E-mail \_\_\_\_\_

## Medical History

Pediatrician \_\_\_\_\_  
Medical diagnosis \_\_\_\_\_  
Medications \_\_\_\_\_  
Surgeries \_\_\_\_\_  
Dietary Restrictions/Allergies \_\_\_\_\_  
Special Needs \_\_\_\_\_  
Does your child wear:  
 Glasses       Hearing aids

## Education

School \_\_\_\_\_ Grade \_\_\_\_\_  
School \_\_\_\_\_  
District \_\_\_\_\_  
Has your child received any of the following?  
(if yes, please describe)

**Yes No**  
  Educational testing (school or private)  
Results: \_\_\_\_\_  
\_\_\_\_\_

Special services at school (education/  
tutoring) \_\_\_\_\_  
\_\_\_\_\_

OT, PT, Speech-Language Pathology or  
related services? \_\_\_\_\_

Does your child prefer:  Printing  Cursive  
Hand dominance:  Left  Right

What style of writing does your school use?  
 Zaner Bloser  
 D'Nealian  
 Other \_\_\_\_\_

## Development/Behavior

Method of communication:  
 Verbal     Visual     Augmentative

Relevant developmental history  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Methods used to motivate/calm your child  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What social skills are you currently targeting at home/school? \_\_\_\_\_  
\_\_\_\_\_

What would you like to see your child achieve by participation in this group? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is there anything else you would like us to know regarding program planning for you child?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_