



Apple a Day

Health and medical
information programs

DRIVING FITNESS

PRESENTER: ELIN SCHOLD DAVIS

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American Occupational Therapist Association

Description:

Age and health play a major role in a person's ability to drive. Learn how you or a loved one can keep their driving independence as long as safely possible.

We'll talk about signs that you or a loved one may be having difficulty driving safely and introduce options that are available to help individuals become safer drivers, including adaptive equipment, physical and occupational therapy, and vision rehabilitation. There will also be time for questions and answers.

The Driving Fitness program is hosted by Sister Kenny Rehabilitation Institute.

**MONDAY,
NOVEMBER 16**

6:30 - 8 p.m.

LOCATION:

Cambridge
Medical Center
Foundation Room

Programs are free but
registration is requested.
To register, call CMC's
Education Department
at 763-689-8419.



**CAMBRIDGE
MEDICAL
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Allina Hospitals & Clinics