

# Memo

To: AML Reference Laboratory Clients  
From: Allina Medical Laboratories, Reference Laboratory Services  
Date: November 20, 2006  
Re: Upcoming Histamine (132/HIS) Specimen Requirement Change

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We have received notification from Quest Diagnostics that **effective December 11, 2006**, the specimen requirement for Histamine (132/HIS) will be changing from 7ml Frozen Na Heparin Whole Blood to *1ml of frozen EDTA plasma*.

**Effective December 11<sup>th</sup>**, the new specimen requirements will be:

**Test Name:** **HISTAMINE**

**Test Number:** 132/HIS

**Specimen:** 1 ML PLASMA COLLECTED IN AN EDTA TUBE (LAVENDER-TOP)

Centrifuge immediately and freeze in plastic screw cap vial.

Avoid taking allergy causing drugs, antihistamines, oral corticosteroids and substances which block H2 receptors 24 hours prior to collection.

**Minimum Volume:** 0.2 ml plasma collected in an EDTA tube (lavender-top)

**Container:** Plastic Screw Cap Vial

**Transport Temp:** Frozen

**Specimen Stability:** ROOM TEMPERATURE: UNACCEPTABLE  
REFRIGERATED: UNACCEPTABLE  
FROZEN: 6 MONTHS