

## Faculty & Planning Committee

### Lead Planners & Faculty

Eric Anderson, MD, BC-PM  
Certified Palliative Care Physician, Medical Director  
Allina Home Care, Hospice & Palliative Care

Roberta Cassidy, RN, MS\*  
Director, Nursing Practice & Education, Abbott Northwestern Hospital

Sandy Schellinger, RN, CHPN  
Director, Palliative Care, Allina Home Care, Hospice & Palliative Care

### Additional Planning Committee Members & Faculty

Bill Axness, PharmD  
Pharmacist, Allina Home Care, Hospice & Palliative Care

Cathy Crafton, RN, MSN, CHPN\*  
Nurse Clinician, Allina Home Care, Hospice & Palliative Care

Gerald Friest, MDiv, BCC  
Chaplain, Spiritual Care and Clinical Pastoral Education Department  
Mercy & Unity Hospitals

Kim Goodman, MDiv, BCC  
Chaplain, Spiritual Care and Pastoral Education, United Hospital

Katie Herman, MDiv  
Spiritual Care and Bereavement Coordinator, Palliative Care Team  
Abbott Northwestern Hospital

Mary Ellen Kinney, RN, BA, ATP, CHTP  
Integrative Medicine Nurse Clinician, Institute for Health and Healing  
Abbott Northwestern Hospital

Laura Lathrop, APRN, BC-ANP, BC-PM  
Advanced Practice Nurse, Allina Palliative Care, Mercy & Unity Hospitals

Krista Lee, BS\*  
Continuing Education Coordinator, Center for Learning & Innovation  
Allina Hospitals & Clinics

Kerstin McSteen, APRN-BC  
Clinical Practice Coordinator, Palliative Care Team,  
Abbott Northwestern Hospital

Karen Moehring\*  
Manager of Marketing, Allina Home Care, Hospice & Palliative Care

Margaret O'Connor, MD, BC-PM  
Lead Physician, Palliative Care Team, Abbott Northwestern Hospital

Sheri Wilkinson, RN, BSN, CHPN  
Palliative Care Case Manager  
Allina Home Care, Hospice & Palliative Care

\*Denotes planning committee only.



# Palliative Care:

## Best Practice for Advanced Illness

March 28 & 29, 2007

Abbott Northwestern Hospital, Minneapolis

or

November 13 & 14, 2007

United Hospital, St. Paul



Allina Hospitals & Clinics  
Center for Learning & Innovation  
PO Box 43, Mail Route 10701  
Minneapolis, MN 55440-0043

Due to the multiple mailing lists we use, you may receive a duplicate copy. Please share with your colleagues. For additional brochures call 612-262-5030.

**TARGET AUDIENCE**

Physicians, physician assistants, nurses, chaplains, social workers, case managers, discharge planners, counselors, preceptors and patient care leaders.

**COURSE DESCRIPTION & OBJECTIVES**

This two-day intensive course will provide foundational knowledge for the best practices of palliative care. The interdisciplinary team will gain understanding in the provision of palliative care for those with advanced illness or dying patients and their families.

At the conclusion of the course, participants should be able to:

- Describe the need to fundamentally improve the way care for patients with advanced or terminal illness is provided.
- Articulate how personal experiences with serious illness, death and dying influence what we bring to professional roles.
- Describe a holistic approach to pain and symptom management with advanced or terminal illness.
- Identify some of the emotional and/or spiritual needs for advanced or terminal ill patients.
- Describe the legal, ethical, cultural and communication issues faced when attending to patients and families.
- Describe the relationship between palliative care and hospice.
- Describe Allina's vision, initiatives, tools and resources to best meet patient and family needs.

**ACCREDITATION**

Allina Hospitals & Clinics is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Office of Continuing Education & Accreditation at Allina Hospitals & Clinics designates this educational activity for a maximum of 12.25 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Allina Hospitals & Clinics is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Participants can earn up to 12.25 nursing contact hours.

The Association for Professional Chaplains has reviewed and approved this two-day program for 12.25 hours.

The Minnesota Board of Social Work has reviewed and approved this two-day program for 12.25 hours.

This activity has been designed to meet the Commission Case Managers Certification (CCMC) continuing education requirements for a maximum of 12.25 hours.

This activity has been designed to meet the Minnesota Board of Pharmacy education requirements for 12.25 hours of credit. However, the pharmacist is responsible for determining whether this activity meets the requirements for acceptable continuing education.

Individuals representing other professional disciplines may submit course materials to their respective professional associations for 12.25 hours of continuing education credit.

Day 1 = 6.25 Day 2 = 6.0

\*Please note the above calculated hours do not include the Lunch & Learn activities. Each Lunch & Learn Activity that you attend is worth an additional .75 hours.

**TUITION**

**Course**

- \$150 Allina Employee
- \$200 Non-Allina
- \$75 Student

**Course and Lunch & Learn including boxed lunch**

- \$165 Allina Employee
- \$215 Non-Allina
- \$90 Student

Tuition includes conference materials and continental breakfast. Lunch is on your own unless you have chosen to participate in the Lunch and Learn. Advance registration is required.

**TUITION REIMBURSEMENT**

If you are planning to use Tuition Reimbursement to pay for this course, you must submit payment with this registration form and file for reimbursement with proof of payment to the HR Service Center. For additional questions regarding Tuition Reimbursement call 612-262-4688. The Center for Learning & Innovation is unable to process Tuition Reimbursement forms.

**CANCELLATION POLICY**

Tuition is refundable (less a 25% handling fee) only if registration is cancelled in writing and is received at the Center for Learning & Innovation 7 days prior to the beginning of the conference. No shows are non-refundable.

**Agenda**

**Day 1**

8:00 – 8:25 am	<b>Registration &amp; Continental Breakfast</b>
8:25 – 8:30	<b>Welcome &amp; Introduction</b> <i>Sandy Schellinger, RN, CHPN</i>
8:30 – 9:00	<b>The Big Picture of Palliative Care: Philosophy, Program &amp; Specialty Medicine</b> <i>Eric Anderson, MD, BC-PM</i>
9:00 – 10:30	<b>Looking in the Mirror: How Do I Get in Touch with Advanced Illness on a Personal Level?</b> <i>Katie Herman, MDiv</i>
10:30 – 10:45	Break
10:45 – 11:45	<b>Support &amp; Existential Suffering</b> <i>Gerald Friest, MDiv, BCC / Kim Goodman, MDiv, BCC</i>
11:45 – 1:00 pm	Lunch on your own <i>or</i> Lunch & Learn with boxed lunch: <b>Integrative Medicine &amp; Therapies for Palliative Care</b> <i>Mary Ellen Kinney, RN, BA, ATP, CHTP</i> 11:45 – 12:00 Break    12:00 – 12:45 Lecture    12:45 – 1:00 Break
1:00 – 2:45	<b>Communication: Why is it so Hard?</b> <i>Kerstin McSteen, APRN-BC &amp; Margaret O'Connor, MD, BC-PM</i>
2:45 – 3:00	Break
3:00 – 4:15	<b>Moral Distress in Palliative and End of Life Care</b> <i>Eric Anderson, MD, BC-PM</i>
4:15 – 4:30	<b>Closing Comments - Sandy Schellinger, RN, CHPN</b>
4:30 pm	<b>Evaluation &amp; Adjournment</b>

**Day 2**

8:00 – 8:30 am	<b>Registration &amp; Continental Breakfast</b>
8:30 – 9:30	<b>What Can I Expect from a Palliative Care Consult?</b> <i>Sheri Wilkinson, RN, CHPN / Sandy Schellinger, RN, CHPN</i>
9:30 – 9:40	Break
9:40 – 11:00	<b>Complex Symptom Management</b> <i>Kerstin McSteen, APRN-BC &amp; Bill Axness, PharmD</i>
11:00 – 11:10	Break
11:10 – 12:15 pm	<b>Complex Family Situations</b> <i>Laura Lathrop, APRN, BC-ANP, BC-PM</i>
12:15 – 1:30 pm	Lunch on your own <i>or</i> Lunch & Learn with boxed lunch: <b>Across the Generations, Health Care Directives, Who Needs One?</b> <i>Laura Lathrop, APRN, BC-ANP, BC-PM</i> 12:15 – 12:30 Break    12:30 – 1:15 Lecture    1:15 – 1:30 Break
1:30 – 2:45	<b>Complex Pain Management</b> <i>Laura Lathrop, APRN, BC-ANP, BC-PM &amp; Bill Axness, PharmD</i>
2:45 – 3:00	Break
3:00 – 3:45	<b>How Do I Make a Difference? - Sandy Schellinger, RN, CHPN</b>
3:45 – 4:15	<b>Closing Comments</b>
4:15 pm	<b>Evaluation &amp; Adjournment</b>

**REGISTRATION CONFIRMATION**

A map with directions will accompany your registration confirmation. If you do not receive a confirmation prior to the course, please contact the Center for Learning & Innovation at 612-262-5030 to verify your registration.

**DISCLOSURE POLICY**

It is the policy of the Center for Learning & Innovation to provide balance, independence, objectivity and scientific rigor in all of its sponsored educational activities. All faculty and planning committee members participating in sponsored activities and /or their spouse/partner are required to disclose to the activity audience any real or apparent conflict(s) of interest related to the content of this conference.

**Please print.**

Name \_\_\_\_\_

Six Digit Allina Employee Number # \_\_\_\_\_

Non-Allina Last Six Digits of Social Security # \_\_\_\_\_  
*(This is your continuing education transcript number and will remain confidential)*

Credentials (Circle) MD PA NP RN MDiv SW CCMC RD Other \_\_\_\_\_

Place of Employment \_\_\_\_\_

Department \_\_\_\_\_

**MAILING INFORMATION**

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone(\_\_\_\_\_) \_\_\_\_\_ Work Phone(\_\_\_\_\_) \_\_\_\_\_

Fax(\_\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_

**DATE**

- March 28 & 29, 2007 – Abbott Northwestern Hospital, Minneapolis
- November 13 & 14, 2007 – United Hospital, St. Paul

**TUITION**

<b>COURSE</b>	<b>OR</b>	<b>COURSE AND LUNCH &amp; LEARN</b>
<input type="checkbox"/> \$150 Allina Employee		<input type="checkbox"/> \$165 Allina Employee
<input type="checkbox"/> \$200 Non-Allina		<input type="checkbox"/> \$215 Non-Allina
<input type="checkbox"/> \$75 Student		<input type="checkbox"/> \$90 Student

**METHOD OF PAYMENT**

**Check Enclosed** Payable to *Allina Hospitals & Clinics*

**Allina Intercompany Charge**

Please forward all intercompany charge requests directly to MR - 10701

Business Unit \_\_\_\_\_ Cost Center # \_\_\_\_\_

Manager Signature \_\_\_\_\_ Date \_\_\_\_\_

**Charge my credit card**  Visa  MasterCard  AmEx  Discover  
Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

Please indicate any dietary or special needs: \_\_\_\_\_

Vegetarian Boxed Lunch (if applicable)  Yes  No

**SPECIAL NEEDS:** The sponsors of this activity are fully committed to accommodating the special needs of participants and will do everything possible to do so for requests received in writing 14 days in advance of activity. Accommodations or special needs requested after that timeframe cannot be guaranteed.

**Mail Registration to:**  
Allina Hospitals & Clinics  
Center for Learning & Innovation  
PO Box 43, Mail Route 10701  
Minneapolis, MN 55440-0043

**Fax Registrations to:**  
612-262-5050

**Questions:**  
612-262-5030

**E-mail:** education@allina.com