

## Personal Items to Bring for Your Hospital Stay

For convenience during your hospital stay, consider the following suggestions.

<input type="checkbox"/> Bring this patient education book.	<input type="checkbox"/> Bring shorts or undergarments to wear under your hospital gown and robe. (When you attend physical therapy sessions, this will give you more privacy.)
<input type="checkbox"/> Bring a current list of your medicines, including the dosages and the times you take them. Use the “Current Medicine List,” worksheet.	<input type="checkbox"/> Bring clothing you intend to wear home, including socks, shoes (comfortable, supportive, with nonslip soles), undergarments, shirt, and loose pants or a sweatsuit. Bring a warm coat if it’s cold outside. As part of your therapy you will practice dressing with these items.
<input type="checkbox"/> If you have a health care directive document (living will), bring a copy.	<input type="checkbox"/> Don’t bring valuables — leave them at home or with your family. You may want to bring a blank check for buying any medical care equipment you’ll take home.
<input type="checkbox"/> Bring personal care items such as toothbrush, toothpaste, denture cleanser, comb, skin care products, deodorant, make-up and shaving kit.	<input type="checkbox"/> All rooms have a television and phone, but you may want to bring a book, magazines or some money to buy a newspaper.
<input type="checkbox"/> If you wear glasses or contacts, bring storage containers for them. Be sure to put your name on the container.	<input type="checkbox"/> Bring the phone numbers (include work numbers) of family and friends, and some writing materials.
<input type="checkbox"/> If you wear hearing aids, bring a storage container and extra batteries. Be sure to put your name on the container.	<input type="checkbox"/> Bring your own or borrowed crutches or walker so they can be correctly fitted to you. Be sure to label the crutches or walker with your name.
<input type="checkbox"/> If you want to wear a gown or robe other than what the hospital supplies, bring your own.	